Tyesha Buckner

Psychology 350

**Grade: 84**

Major project 1

I view myself as having an innate need for security and comfort. I find comfort in material security and this in-turn provides me with a sense on self-worth. I feel emotionally secure when I am taking care of myself, as well as others. In doing this project I rated myself the highest on a few attributes such as reserved, quiet, sympathetic, warm, politically liberal, likes big cities, and ticklish. I rated myself the lowest on attributes such as anxious easily upset, disorganized careless, morning vs. evening person, unpredictable, musician, artistic, narcissistic, and low self-esteem. I think that these rating from my self go hand and hand with my view of my personality.

The attributes that people seemed to agree with me the most on included low on critical quarrelsome, high on open to new experiences, high on sympathetic warm, low on disorganized careless, high on politically liberal, high on happy satisfied with life, high on sensation seeking, low on unpredictable, low on narcissistic, high on ticklish, and low on low self-esteem. I think that most my friends and family know me well enough to have a similar view as me on these traits of my personality, so their results did not surprise me at all. These ones that we agreed similarly on are pretty easy to gauge when you know the person. The fact that my classmates who rated me agreed with me on these things was a surprise to me I did not expect them to get so many things about my personality accurate. I think that these results show that people can accurately judge some personality traits based on there appearance. It kind of reminds me of a study that I read about where strangers made accurate assumptions of others personality based on their shoes. For example, people guess that people who wore colorful shoes were extraverted. I think that we ooze many aspects of our personality via our appearance and demeanor.

The attributes that people disagreed with me the most on included extraverted, conventional uncreative, musician, facially expressive, school spirited, fashionable, and spiritual. Of the personality traits that people disagreed with me the most I was very surprised that my friends, family, and classmates rated me as highly extroverted whereas I do not see myself as such. I have always viewed my self as an introvert however, I have obtained a level of comfort with my family and friends so this may have lead to their judgement on this trait. I do not have any theories as to why my classmates rated me as extroverted. I think that the other traits that were disagreed upon had a lot to do with interpretation of what these traits meant. For example, school spirited I disagreed that I was solely because I have not really been involved throughout my years, my friends strongly disagreed because I am a senior who has never been to a sporting event at the school, my family strongly agreed because I always talk about my school to them, and I have a theory that my classmates agreed because the day that this survey was taken I happened to be wearing a University of Illinois tee-shirt.

Of the survey takers friends and family showed the most overall agreement. They did tend to agree with each other more than they agreed with me. I am not really surprised by this because both groups have insight into my personality that I might be to biased to see. We all want to be the best person possible, so on some level I may have rated myself with some attributes that I would like to think I have. My friends and family actually rated my personality more accurate than classmates did. These results speak volumes to the quote you can’t judge a book by it’s cover as I am sure that my classmate’s ratings were influenced by my appearance.